

Quality of Life at the End of Life

This is the Kavanagh House *purpose*

The Kavanagh House *calling*

The Kavanagh House *tradition*



How Kavanagh House Came to Be



SISTER EVE KAVANAGH,
CO-FOUNDER

“When you give with your heart to something that is important to you, you never lose, you only gain. You only gain.”

Central Iowans began embracing home hospice care in 1977 when a pint-sized, bicycle-riding nun named Sister Eve Kavanagh came to Des Moines.

A nurse and native of Ireland, Sister Eve had a mission to create specialized care for the dying. Her message was embraced by a small yet passionate group of volunteers in Des Moines. In 1978 Hospice of Central Iowa (now EveryStep) received non-profit status and began providing home hospice care for individuals and their families.

After providing home-based hospice care to patients for more than a decade, the organization realized the need for a 24-hour residential facility to serve hospice patients and families. An innovative 12-bed hospice house opened in 1993 on 56th Street in Des Moines. It was named Kavanagh House to recognize Sister Eve’s contribution as the enthusiastic nurse and educator who introduced hospice care to Central Iowa.



Our Heartfelt Mission

Quality of life at the end of life through compassionate care for all

While much has changed since 1993 when Kavanagh House on 56th Street was built, our goals for patient and family care remain true to the original mission:

- To sustain a sense of independence, individuality, self-worth and dignity
- To provide quality services 24 hours a day, seven days a week
- To serve all individuals and families regardless of their financial resources
- To expertly manage and treat all pain and physical symptoms
- To provide compassionate care to the **whole** person, meeting physical, emotional, psychological, spiritual and social needs
- To support each individual and family with an approach that is directed by them
- To envelop families with support, help them navigate complicated decisions and provide them with grief support
- To ensure the dying can find comfort in the place they call home — and in the homelike environment that Kavanagh House provides
- To earn the trust that individuals, families and the community place in our hands

Those who have experienced Kavanagh House’s care and compassion say it best:



LILIANA WATERS, FAMILY MEMBER

“Hospice was with our family during the entire journey of preparing my mother for heaven. They laughed with us and cried with us. They provided a place that Nani described as a ‘vacation’ before going to heaven. What a blessing.”



JERRY JEWETT, FORMER PATIENT

“The terminally ill body needs a chance to just slow down on its own — and without pain. Kavanagh House is patient-centered — the patient gets to be the boss!”



CHRIS HAVILAND, FAMILY MEMBER

My dad was a retired Des Moines cop who battled cancer for 18 years. He spent a lot of time in hospitals and he liked the feeling of Kavanagh House because it felt like a home. It was our home for 26 days, and it changed us as a family.”

Our Future and Legacy

EveryStep’s Kavanagh House on 56th Street provides a notable presence in an excellent location. Although the facility has had updates over the years, it is time to **restore, renovate and upgrade** it with appropriate modern amenities, medical equipment, new technologies and efficiencies for the delivery of compassionate medical care to our patients and their families.

These enhancements to Kavanagh House will allow it to continue its legacy and maintain its reputation as Central Iowa’s hospice home of choice.



TRAY WADE,
EVERYSTEP PRESIDENT & CEO

“As a non-profit we put mission first — a mission to provide dignity, compassion and quality care for everyone that comes into our home. When the need for capital investments surfaced, we knew we couldn’t let the community down. Our home has been the last home for so many in our community.”



KERRY ADAWAY, CHAIR,
EVERYSTEP FOUNDATION BOARD

“Kavanagh House provides support and care at a time when patients and families need it most — at the end of life. It is a treasure to our community and should be enhanced for decades yet to come.”

Kavanagh House Investments for the Future

Patient and Family COMFORT \$1,550,000

New patient and family spa room

Enlarged covered portico

Accessible, expanded outdoor deck and garden spaces

Refurbished home-like patient rooms with modern medical equipment and technology in each room

New HVAC system for heating and cooling

Patient CARE \$800,000

Upgraded technology – Smart Room and Call Light technology

New medical equipment

In-wall oxygen delivery system

Redesigned workstations

Added storage for vital equipment and supplies

Patient and Family SAFETY AND SECURITY \$650,000

New fire sprinkler system

New medication distribution center

Enhanced communication technology

New facility surveillance system

Kavanagh House ENDOWMENT \$500,000

Fund to provide annual income for maintenance, repairs and enhancements



SUZIE GLAZER-BURT, EMERITUS BOARD
AND HONORARY CAMPAIGN CHAIR

“Kavanagh House holds a special place in my heart. I love that it is truly home for those who are terminally ill. It is essential for families to have a place for their loved ones to go to die with dignity and compassion.”



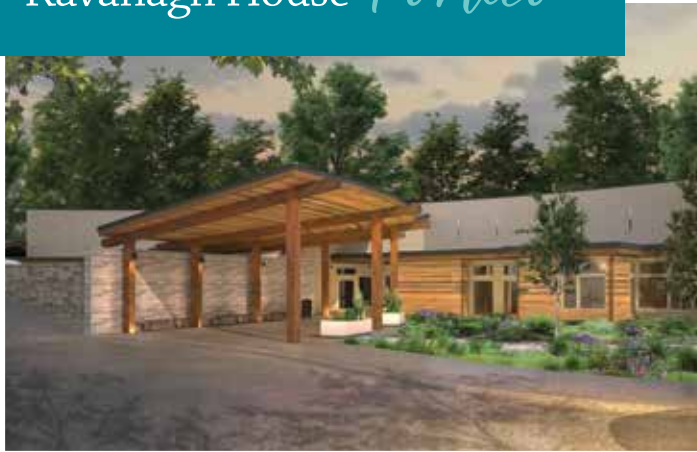
DEB MILLIGAN,
CAMPAIGN CO-CHAIR

“As a retired registered nurse, volunteering for Kavanagh House allows me to give back to my community and help provide comfort to patients and families who are facing the most difficult time in their life. I love the peaceful setting and central location.”

GEORGE MILLIGAN,
CAMPAIGN CO-CHAIR

“The care we provide is unmatched and Des Moines would not be the same without the history and memories held within the Kavanagh House walls.”

Kavanagh House *Portico*



An expanded portico will fully protect patients, families and visitors from the elements as they enter or exit. It will also provide a lovely space for patients and families to enjoy the front gardens on a pleasant day.

Kavanagh House *Deck Expansion*



A larger back terrace and deck will be created so that patients can be outdoors. Extra-wide glass doors will allow patient beds to be easily moved outside.

Kavanagh House *Interior Renovation and Redesign*



Patient rooms will be updated with new paint, flooring, furnishings, art and “Smart” technology. They will be homelike and restful.



The Spa Room will include a spa tub and equipment for transferring patients into the tub for relaxation and comfort. Two new shower areas will be added for family members who choose to stay around the clock with their loved one.



The Kavanagh House kitchen will be upgraded to provide the equipment and resources necessary for creating individualized meals for each patient — breakfast, lunch, dinner and snacks.

Help us Create
Lasting Memories

Please consider supporting EveryStep’s Kavanagh House Capital Campaign to ensure that for years to come, the last memories made by patients and their families are as beautiful as those now cherished by thousands.

Raising \$3.5 million will allow us to continue the Kavanagh House legacy of providing quality of life at the end of life through compassionate care. With your help, we can achieve this goal!

Scale of Giving to Raise \$3,500,000

Gift Range	# Needed
\$500,000	3
\$250,000	2
\$100,000	5
\$50,000	6
\$25,000	10
\$10,000	10
\$5,000	20
Less than \$5,000	Many

Leaving a Legacy — Naming Opportunities

EveryStep’s Kavanagh House Capital Campaign provides the opportunity to honor individuals, families and foundations through a naming opportunity. This is a tangible way to create a lasting legacy — honoring Kavanagh House’s heritage while also supporting its future. Naming opportunities begin at \$50,000 and we would be happy to discuss available options.

Please Help Now

- **Complete a pledge form and send it to:**
Kavanagh House Capital Campaign/EveryStep Foundation
3000 Easton Boulevard, Des Moines, Iowa 50317
- **Visit everystep.org/KavanaghHouse** to make an online donation and/or find the pledge form.
- **For more information please contact Jane Flanagan**
at 515-271-1328 or jflanagan@everystep.org.

Ways Your Gift Can be Made

- By check, cash or credit card
- Online at everystep.org/KavanaghHouse
- With a pledge (can be paid over multiple years)
- With appreciated securities
- With a life income gift such as a charitable gift annuity
- With an IRA distribution
- With tangible personal property
- With a Donor Advised Fund

Kavanagh House on 56th Street: Comfort. Dignity. Peace of Mind.

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