1908 – 2023: 115 Years of Care and Support

2022 Report to Donors

EveryStep
Pregnancy & Parenting Support
Home Care
Hospice
Interpretation
Community Health
Grief & Loss Services
OUR MISSION

We empower individuals, support families and strengthen communities.

OUR VISION

EveryStep is the recognized and trusted leader in supporting people as they navigate life’s challenges, through diverse expertise and inclusive care.

Last year, we proudly served nearly 70,000 Iowans.
For 115 years, EveryStep has provided care and support to Iowans during life’s most challenging moments. Because of your support, our hospice patients are provided dignity and comfort in their final days; grieving families receive the support they need to cope with a loss of a loved one; parents-to-be achieve healthy pregnancies, and their babies reach important developmental milestones; and refugees and immigrants receive assistance navigating the health care system.

During FY ’22 we began to emerge from the pandemic and operate in a more “normal” environment. Some highlights of the year include:

• In January 2022, hospice patients returned to a completely renovated Kavanagh House, thanks to the successful completion of a $3.6 million capital campaign.

• EveryStep’s Art of Compassion achieved record success despite being rescheduled to April 2022 due to pandemic concerns.

• With support from donors and legislative appropriations, EveryStep Grief & Loss Services expanded grief support programming into more than 18 schools, reaching many children who might not otherwise receive these vital services.

• EveryStep was awarded a $2 million grant from the Department of Housing and Urban Development to help identify and address health hazards or asthma triggers in the homes of low-income families with children, and safety risks for seniors who are living at home.

• In November 2021, our Cheer Box packaging site was robbed, but donors from Iowa and 22 other states demonstrated tremendous support that allowed us to not only replace the stolen items, but deliver 686 Cheer Boxes, a nearly 25% increase over 2020.

We never take for granted the investment our donors make in EveryStep and the work we do. Together we are making a difference to those who are experiencing some of life’s most challenging times.
Hospice & Home Care

EveryStep Hospice provides patients and families with comfort, compassion and dignity at the end of life. Care is provided across 44 counties, wherever people call “home,” and at Kavanagh House in Des Moines.

When people need extra support following an injury, illness or hospitalization, EveryStep Home Care provides care in the comfort of home. Nursing, medication management, therapy and more are available to Iowans across 24 counties.

EveryStep Hospice ended the year with all Hospice Quality Reporting Program (HQRP) indicators above the national average.

9 hospice offices in:
- Centerville
- Council Bluffs
- Des Moines
- Knoxville
- Mount Ayr
- Mount Pleasant
- Osceola
- Perry
- Winterset

1,445 patients were served by EveryStep Hospice

285 veterans were served by our hospice teams

1,158 patients were served by EveryStep Home Care

90% of hospice patients and families would recommend EveryStep (National average: 82%)

4 home care offices in:
- Centerville
- Creston
- Des Moines
- Knoxville

Additional Support for Seniors

EveryStep Palliative Care served 120 patients in Madison and Union counties, offering pain and symptom management and psycho-social support for those living with serious, complex or chronic disease.

EveryStep’s Senior Companions provided weekly support to 237 homebound individuals to help them maintain their independence. Senior companions provide friendship, transportation and respite for caregivers throughout Marion, Polk and Pottawattamie counties.

Through Polk County community funding, EveryStep’s Senior Health Program provided blood pressure checks, foot care and health education to 1,028 seniors in the Des Moines metro area.

Sally Lovig with her mother, Ann Wright, at EveryStep’s Kavanagh House

Donald Davidson with Senior Companion volunteer, Victoria Harris
Grief & Loss Support

When someone experiences the death of a loved one, EveryStep is there to provide support and guidance throughout the grieving process.

Our hospice teams include bereavement counselors who provide free grief support to families whose loved ones receive hospice care from EveryStep. Counselors call families, offer personal visits, and host support groups that are free and open to anyone in the community experiencing loss.

Amanda the Panda is a program within EveryStep’s grief and loss services that provides hope and healing to grieving individuals, children and families. Our staff customize services to meet the needs of each individual. Activities include:

- School-Based Support (see page 9 for more information)
- Social Gatherings
- Specialized, Peer-based Support Groups
- Community Support
- Cheer Boxes/Holiday Support

1,887 Individuals were served by EveryStep’s hospice-based bereavement counselors

686 Cheer Boxes were delivered in 2021 to grieving families and individuals throughout Iowa and 18 other states.

Amanda the Panda reached nearly 1,500 Individuals last year to provide support and resources following the loss of a loved one.

Since 2018, Amanda the Panda has conducted grief support groups at 31 schools throughout central and southern Iowa.

Amanda the Panda volunteers donated nearly 4,000 hours through support group facilitation, leading activities and assisting staff at the office and events.

91 Grief Support Group Sessions were conducted by EveryStep’s hospice-based bereavement counselors

423 participants took part in grief support groups hosted by EveryStep Grief & Loss Services’ Amanda the Panda Program.
EveryStep offers support to children and families by providing home nursing visits, prenatal and parenting education, parent support groups, case management, developmental screenings and more. Our staff help families access health care, baby supplies and vital resources so they can grow and thrive.

Interpretation — a Critical Component of Care and Support

EveryStep interpreters serve as a gateway, helping Iowa’s immigrants and refugees gain access to vital services and resources in our community. As native speakers, our staff have in-depth language and cultural knowledge to help both clients and the organizations and businesses that serve them. Our interpreters speak more than 25 languages and receive specialized training in health and human services programs, making EveryStep uniquely positioned to serve our diverse and growing communities.

We helped
302 pregnant women and children apply for presumptive Medicaid eligibility and the Dental Voucher Assistance program

The 1st Five program followed up on
772 referrals from medical providers to address developmental concerns, family stress and other issues.

EveryStep’s Community Home Visitation program and Nurse-Family Partnership served
228 women and 162 children

EveryStep’s I-Smile™ program provided
2,208 dental screenings, fluoride applications, and referrals to dental providers

Stork’s Nest and Family Nest participants earned
$55,205 worth of baby items like cribs, car seats and diapers

EveryStep’s Iowa Family Support Network completed
5,311 referrals for Early ACCESS, hearing tests, education and connection to community resources.

The Children at Home program helped
494 families obtain $532,675 in services and equipment for their disabled children

EveryStep’s Healthy Start & Empowerment Project provided
9,160 visits to women and children

Community Home Visitation clients Masenga Nagijimana and Nankumi Esperance with their children.
Events

Thank you to the many sponsors and attendees of EveryStep’s 2022 fundraising events. Funds raised at these events play a critical role in maintaining programs that support children, families and individuals as they face life’s challenges.

We also wish to thank the many volunteers who served on event committees and generously contributed their time to the planning of these events.

**APRIL 2022**
Art of Compassion
PRESENTING SPONSOR
Suzie Glazer Burt

**MAY 2022**
Amazing FundRacer
PRESENTING SPONSOR
F&G Annuities & Life

**JUNE 2022**
Good Grief Golf Outing
PRESENTING SPONSOR
Merchant’s Bonding

**CUMULATIVE AMOUNT RAISED:**
MORE THAN $412,000

Mark Your Calendars for EveryStep’s 2023 Events

Support EveryStep by attending an event, becoming a sponsor, volunteering on a committee, or donating items for auctions and raffles. To learn more about our events, visit [www.everystep.org/about/fundraising-events](http://www.everystep.org/about/fundraising-events)

**Amazing FundRacer**  **May 18, 2023**
**Good Grief Golf Outing**  **June 13, 2023**
**Sip, Savor & Support**  **October 5, 2023**
A Mother’s Story
Finding Solace at Kavanagh House During a Daughter’s Final Weeks

Leslie Tingwald respected, cared for and loved the sick and elderly her entire life. When Leslie’s four-year cancer journey ended at just 47 years of age, her mother, Debbie Grimes, says Leslie was given the same respect, care and love from the people Debbie now calls “family” at EveryStep Hospice’s Kavanagh House in Des Moines.

“Leslie was just a very warm and caring individual. She was a wonderful human being,” says Debbie about her daughter, whose career included working at nursing homes, a hospice house and the oncology unit of a Des Moines hospital. When Leslie was diagnosed with gastric cancer, she found herself on the receiving end of the care that she had dedicated to others.

Debbie says her daughter was a fighter. “The oncologist at University Hospitals in Iowa City told us that with the type of cancer Leslie had, people typically live about 18 months. Leslie lived four years.” But in spring 2022, it was concluded Leslie had run out of treatment options and the conversation about hospice began. After meeting with a doctor and assessing Leslie’s complex medication needs, they determined that EveryStep’s Kavanagh House was the best place for Leslie to receive around-the-clock care.

Her daughter’s month-long stay at EveryStep’s Kavanagh House changed Debbie’s life. “A couple of weeks in, we started staying at the house pretty much 24/7, so we got to see the staff at all times of the day and night. They became family and they are still family. They are the most kind, loving people ever — from the nurses, doctors and staff to the housekeepers — they were amazing, always putting us first. The love, care and respect they show the patients, even in their last days and hours, the tenderness and thoughtfulness — they’re just amazing people that work there every day.”

As a mother, Debbie had trouble leaving Leslie when she had other obligations to fulfill. “A few days into Leslie’s stay, I knew if I had to leave for some reason, my mind
Hospice care is about more than managing symptoms and providing physical care. It’s about caring for the whole person, spiritually and emotionally. That support can take many forms, and for one patient, it came in the form of a tiny, furry companion.

When Steven Ruble was diagnosed with lung cancer and his condition worsened, he was connected to EveryStep Hospice. His nurse, Kelsey, soon learned that Steven and his wife had recently lost their beloved Yorkshire Terrier, “Snickers.” Married for 54 years, they never had children, so they thought of Snickers as their child. Steven told Kelsey that he would love to have a Yorkie to lay with him, especially since his disease was progressing quickly and he found it more difficult to leave his bed.

It was then that the EveryStep Hospice team in Centerville went to work. Kelsey reached out online, and eventually found a puppy that needed a home.

Enter Furbie, the adorable Yorkie whose arrival was a complete but wonderful surprise. “It’s just unbelievable. I was very surprised — I wouldn’t have thought this could ever happen. I was just totally shocked!” says Steven.

Through its Quality of Life program, the EveryStep Foundation was able to cover the cost of Furbie’s first visit to the veterinarian, immunizations, registration and other initial supplies.

Steven says he’s been overwhelmed by the kindness and care he has received. “I just can’t believe everything that everybody does for me! We couldn’t ask for more. Everyone is so nice.”

Debbie Grimes with her daughter, Leslie

Debbie says EveryStep Hospice’s Kavanagh House is a place where she still finds comfort.

“I’m drawn there,” says Debbie. “I feel Leslie was loved there so much, that I’m drawn to go back. I swore on her grave that I would go every week and bring goodies for the kitchen and say hello at Kavanagh House. They are family to us and I’ll go there every week until I die or until I can’t go. That’s how much of an impression they made on our family and me.”

EveryStep’s Quality of Life Program is funded by our generous donors. It allows us to provide special comfort items and final wishes at the end of life to help create lasting memories for patients and their families.
When you’re a 7-year-old girl, your mind is probably occupied with your favorite toys, Disney movies and possibly concern about tomorrow’s spelling test. But 7-year-old Amery had more on her mind.

Amery was mourning the sudden death of her dad. Amery’s father had battled a substance use disorder and had been sober for six months when he died from an accidental overdose on November 1, 2020. He left behind a grieving family, including his daughter Amery. She says at first, she didn’t know how to handle the emotions she was experiencing. “I was really sad and I didn’t really feel like talking about it to anyone,” says Amery. “I would just go off and play — I just felt like I shouldn’t think about it.” But then, Amery and her grandparents received a Cheer Box from EveryStep’s Amanda the Panda program which included 12 meaningful gifts to help the family honor and remember Amery’s father during the holidays. She especially remembers the paper lantern gift that she watched float into the night sky from her grandparents’ back yard.

The family then discovered EveryStep’s grief support groups. Amery became involved with an online grief support group for kids. One of Amery’s favorite activities involved coloring “grief pages” in an activity book provided by EveryStep.

“There are these little monsters and they have feelings in the middle of them — they have a heart around them in the middle of their chest,” says Amery. “[The heart] would say a feeling like happy, sad, mad, angry, disappointed — something like that. We would color them a specific color if that’s what we were feeling. We would color them green if we were feeling that, and red if we never felt that.

“At first, I colored in happy and sad with green because I had felt those before. Now, if I were doing the page, I would color happy, sad, mad, angry and disappointed.” Amery says the pages helped her feel a lot better and she felt more like expressing her feelings.

Amery made friends with other children in the online grief support groups. She remembers scavenger hunts where the children would find things that would help them remember their loved one. Amery would usually take her teddy bear. “[It has] a zipper on the back and you can stick a glass heart in it and it has my dad’s ashes in it,” says Amery.
School Grief Programs — Bringing Hope and Healing to Iowa’s Children

Studies show that roughly 1 in 14 school-aged children will lose a parent, and 1 in 5 will lose someone close to them. Feelings of grief and loss can also stem from divorce, abandonment, incarceration, and other traumatic events. EveryStep addresses the impact these losses have on children in Iowa.

Since 2018, EveryStep’s Amanda the Panda program has provided on-site programming at more than 30 Iowa schools to support children experiencing grief and loss. Throughout each 6-week session, students share their grief stories, connect with peers and learn resiliency skills to feel better equipped to cope with grief in healthy ways.

By giving kids healthy coping skills and tools to address their grief, we can help them down a path that leads to healing, positive relationships with others, and success at school. Our group-based approach provides the necessary amount of support for most kids, while allowing our staff to identify kids who need a higher level of support.

EveryStep offers grief services at no cost. You can help us meet our community’s growing need for support by visiting everystep.org/donate.

Rise in Overdose Deaths Leads to Greater Need for Grief Support

According to the Iowa Department of Public Health, drug overdose deaths climbed 34% between 2019 and 2021. Among Iowans age 25 and younger, overdose deaths surged by 120% during that same time.

Those increases have also resulted in a greater need for grief support.

In 2022, staff with EveryStep’s Amanda the Panda program began experiencing a larger number of participants reaching out for help with the complex emotions that occur when a loved one dies of an overdose.

Staff help participants address complex grief and continually evolve to meet the needs of the children, families and individuals served.

In a 2022 survey, 96% of children reported they learned more about the grieving process, and 100% felt overall the support group was helpful.

View Ann and Amery’s video about their experience with EveryStep Grief & Loss Services, Home of Amanda the Panda. (Video follows Debbie Grimes’ segment about her daughter, Leslie, featured on page 6)
Connected and Empowered
Introducing Support and Resources to Help a Young Mother Thrive

When Shalaeha found out she was pregnant, she struggled with feelings of anger and depression. She isolated herself and avoided talking with others. After missing several prenatal appointments, Shalaeha’s doctor suggested she have a nurse come to her home, and gave her information about EveryStep. Shalaeha reluctantly agreed, but when EveryStep community home visitation nurse Amanda Redhead called and texted her, Shalaeha didn’t answer. “A couple days later I decided to call her back,” says Shalaeha. “The day she came, it was a bad day. I was mad and miserable. But she just listened to me and said, ‘we can work through that, I can help you with that.’ I felt like she was listening. She just talked to me and listened to me. I felt like somebody cared about me.”

Amanda remembers that day, too. “She was very emotional, but I could immediately tell what a strong woman Shalaeha was. I could tell what a good mother she already was to her first daughter and she knew what she wanted for this baby that was coming.” So, Amanda and Shalaeha forged a partnership.

“With Amanda we could talk about things I needed for my baby and concerns I had about the baby, and how I was feeling. She helped me with everything!” says Shalaeha. “I never felt like she was trying to get in my business. She just wanted to help me.”

With her mother living two hours away, Shalaeha was concerned she’d be alone when it came time to give birth. So, Amanda arranged for her to have a doula through the Iowa Title V Doula Project, a collaboration between EveryStep and the Iowa Department of Health and Human Services. The project pairs Black-identified community members with community-based doulas.

Shalaeha’s doula, Sydney, went with her to prenatal appointments and was there when an ultrasound gave Shalaeha the first glimpse of her baby daughter’s face. “[Sydney] is great. I love her. When I had my daughter, she was there. During my pregnancy, she was my best friend and was a lot of help.”

Sydney also went with Shalaeha to EveryStep’s Baby Bloom event, held in June.

“I got so many things and learned so much — like how to install a car seat the right way.” Shalaeha recalls of her experience at Baby Bloom.

Amanda signed Shalaeha up for EveryStep’s Black and Birthy classes, which Shalaeha loved. “We learned about positions for birth, and I also learned about the statistics about being Black and having a baby — what can happen, like blood clots.” Although she had given birth before, to her now
9-year-old daughter, Shalaeha says she was much more prepared for delivery this time. “It was almost exactly how we talked about it in that class. I learned so much.” Shalaeha began taking her EveryStep folder of information with her to her prenatal appointments, and asking questions based on what she had learned in class.

In July 2022, Shalaeha gave birth to a healthy girl. And EveryStep was there for her and her newborn in the months that followed.

“When I first got pregnant, I was so scared,” remembers Shalaeha. “EveryStep helped me and my baby so much. I never knew there was so much support from one [organization]. It makes you feel like there are a lot of opportunities you never knew about.”

“One of the best things about my job is to see my clients thriving,” says Amanda. “That’s what I’m here as a nurse for and that’s why I do this job. When people congratulate me on my client’s successes, the truth is we’re doing very little of the work. We’re empowering our clients. Shalaeha has done the work.”

Racial Disparities in Healthcare

Racial inequities in health care have not been addressed broadly until recent years. Many Black and minority individuals experience difficulty in receiving high-quality care, which results in poorer outcomes. Consider the following statistics regarding maternal mortality, which is defined as death of a mother during pregnancy or up to 1 year following delivery:

- Nationally, Black individuals die at 3 times the rate of whites.
- In Iowa, Black individuals die at 6 times the rate of whites.

Racial and ethnic disparities in health care reflect other differences in socioeconomic conditions, such as access to care and language barriers. However, increasing evidence indicates that even when accounting for those differences, race and ethnicity remain significant predictors of the quality of health care received.

Sources:
Iowa Dept. of Public Health
www.CDC.gov

Baby Bloom

On June 25, EveryStep and other members of the Community Action Network (polkcountyCAN.org) held a resource fair for new and expecting parents, with a goal of reaching underserved communities who are at a greater risk of maternal mortality and other complications during pregnancy and throughout the first year after delivery. The event aimed to provide education and resources to help families have healthy outcomes, to bring awareness to racial biases in healthcare and how individuals can advocate for themselves and others in the healthcare setting.

More than 120 families attended Baby Bloom, which was held at Martin Luther King Jr. Park in Des Moines. Eighteen exhibitors were on site to share information about pregnancy and parenting, and to connect people to services. Attendees also enjoyed a free lunch, music, educational games and prizes.
Caring Legacy

The following people represent a group of visionary, forward-thinking supporters who have made estate-plan provisions to give a lasting gift to EveryStep’s programs.

James L. and Beth Andersen
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Edward and Joan Downey
A.J. and Lisa Drew
Theresa Drew
David and Judy Dunn
Sally Dykes
Howard and Tracy Eaton
Sally L. Ehler
Rhonda and Mark Elming
Dee Epperson
Dorothy Eyberg
Patricia Flynn
Brandon and Angela Folds
Marla Frank
Lea Ann Gale
John and Ann Ghrist
Jill and Nick Gifford
Joyce Godwin
Beth Goebel
The GoodCoin Foundation
William Goodwin
Gloria Graham
Jerri Graham
Allie and Scott Graham
Gerald and Nancy Graves
Kathryn Griffin
Group Benefits, Ltd.
Cara and Ryan Hannam
Dolores and Bernard Hannam
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Linda S. Harris
Gordon and Stephanie Hawkins
Carl Hawkins
Ann Heimberger
Joyce Henry
Linda Heutt
Nancy Hill
Ross and Jeanne Hillsman
Jennifer Hindman
April Hoch-Brandt
Kristopher L. Hoffman
Mandy Howard
Sheila and Greg Hraha
Donald and Cynthia Huegerich
Aaron Hyde
Bill and Katie Jacobson
Ryan Jensen
Tina Jensen
Carol A. Johnson
Jacqueline Johnson
Paul and Jan Johnson
Karen E. Jones
Kathie and John Jones
Marcia and Ray Jones
Marie Kayser
John and Lisa Kenworthy
Kristen Kline
Jennifer and Aaron Klinkhammer
Tim and Ellen Knight
Knights of Columbus
Kelsey and Sean Knowles
Troy Koerselman
David Kraber
Marla Lacey
Uldine and Doyle Lawson
Lowell Leaders
Miriam Lewis
Nicole Maakestad
Lola Mann
Marion County Bank
Patricia and Richard Mathson
Matt McCue
Linda and Ken McCulloch
MidAmerican Energy
Midland National Life Insurance Company
Andrew Miller
Connie and John Miller
Judith Milligan
Mind and Body Wellness
Roger Morrison
Greg Moss
Verjean Moxley
Judy Nepple
Thomas Nichting
Nath Family Charitable Fund
Anne Owens
Joelle Palmer
Felicia Paris
Donald and Gretchen Perschall
Merlin Peterson
Carolyn Petsche
Mike Phillips
Tammy Phillips
Pleasantville Lions Club
Jeff Provost
William Pullen
Jackie Quayle
Robert and Linda Railey
Steven Rayl
Karen Render
Angelia and Lloyd Robbins
Rob and Aimee Rooney
Richard and Sara Rose
Ron and Clarece Rubek
Nonie Rush
Judith Sales
Theresa Samuel
Sheila Sandy
Amber Schelling
Sarah Schnetter
Staci and Bradley Schoormann
Schrack Lumber Company
Christian Schultheis
Melanie and Rick Scupham
$500 - $999
1858 Fan Club, Inc.
515 Networking
Tom and Charlene Ahlers
Laura Allison
Altus Brewing Company LLC
Jack Antisdel
Apostolic Christian Church
A.J. and Lisa Drew
Theresa Drew
David and Judy Dunn
Sally Dykes
Howard and Tracy Eaton
Sally L. Ehler
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Carli Black
Tracy Bloebaum
Don and Laura Blum
Jaci Bodensteiner
Linda Boone
Elizabeth Brauer
Julie and Richard Bright
Megan Broughton
Robert Brown
Heather Bruce
Breanna Bruett
Bryant Foundation Inc.
Lisa Callies
Cameron Giving Fund
Tracey Campbell
Mike and Susanne Carney
Deb Carruthers
Kristina Carstensen
Christine and Robert Caudle
Diane L. Cavanaugh
Spencer Chase
Ken and Diana Clark
Troy and Melissa Clark
Marnie and Mike Cline
Abby Conrad
Patricia Cormaney
Jeffrey Couch
County Binders, Inc.
Laura Courtney-Brubaker
Mary Cress
Misha Curtis
Lindsay and Mat DeGroot
Kelly Dettbarn
Jennifer and John Dilley
Jennie Dooley
Nancy Eis
Fairview Working Band
Farmers State Bank
Leslie Fee
Teri and Mark Feldman
Patricia and James Floresch
Patrick Fraizer
David Franklin
Barbara Fry
Julie Fugenschuh
Tiffany Fundermann
Nancy Futrelle
Karen and Bill Giffin
Pamela Giunta
John Giza
Janna and Rich Glenn
Karen Gore
Donna and Kevin Greenland
Juanita and Bill Griest
Glenda and Mike Gross
Holly Gullion
Cathy Gullion
Twila Haviland
William Heidbreder
Troy Heiden
Jo and Tom Heidt
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Speed and Judy Herrig
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Elaine and Tim Hoffman
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Sheryl and Delaney Hughes
Tom Hunt and Karen Labenz
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In The Bag Corporate Cuisine
Lynn Isenberger
Donna and Jon Jacobson
Gerald Janicek
Denise and Martin Junius
Dave and Mary Kapaska
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David Kenner
Charlie and Ron Kiesling
Ashley Kilburg
Susan and William Killgore
Rhonda and Joseph Kinney
Marvin Kister
Kathy and Ron Klipfel
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Kathy and Tom Koley
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Roger D. Kunz
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Ingrid Larsen
Doug Laughey
Pam and Steve Lawson
Greg Lee
Jonathan Lefrandt
Dana and Tucker Lillis
Karen Lund
Arlene Mafield
Holly Markeson
Miranda Martin
Stephanie McAdam
Tim and Karla McCarthy
Tom McCarthy
Theresa McCarty
M. Dennis McClure
Judy McCuddin
Mark and Pam McManus
David Melz
Sandra and Myron Merchant
Teri Merical
Diane Mikkels
Amy Miller
Luke Mohlenhoff
Monroe County Iowa
Community Foundation
Larry Moore
Polly Moore
Robert and Sherri Moore
Ashley Mori
Pamela Morton
Robert Moyer
Mary Murphy
Annette Nelson
Sally Newland
Tom Nucaro
Linda O’Donnell
Jane and James Osterson
Julie Paetow
Karen Page
Toni Parkins
John Patience
Jay Pearson
Nancy Pearson
Rachel Pfundstein
Ethel Picado
James Pierce
Rev. David J. Polich
Amy Quigley
Joan Rack
Chad Ranck
Chip and Dana Readinger
RehabVisions
Ann Richards
Joseph and Jean Richardson
Connie Riemer
Joleen Roskamp
Marsha and Don Rusch
Kathy and Charles Safris
Elisabeth Sandersfeld
Mary Scarpino
Darrell Schenk
Tom Senter
Emily Shariff
Mary Shotwell
Kathy Simon
Linda and Bruce Simonton
Singles Again, Inc.
Sisters of Charity of the BVM
Crystal Smith
Eric Snyder
Robert Squires
St. Thomas Aquinas Catholic Church
Jennifer and Scott Stangl
Tammy Stapp
Melissa Starr
Barbara and Jerry Stephens
Shanen Stone
Jen Stout
Fay Stray
Stuart Flowers & Gifts
Robert and Karen Stuyvesant
Graham Suchman
Superior Auto Sales
Janet and Don Talley
Kristin C. Tesdall
Ann Tharp
Katie Thompson
Laura Thompson
James and Kristin Troy
Cara Underwood
Union State Bank
United Truck & Body
United Way of the Midlands
Michael Vonderhaar
Sharon Wallace
Mark and Cindy Watson
Janet Weeks
Bart and Jody Weller
Doug Wells and Kathleen Richardson
Paul and Judy Wenz
John Whitty
Diana Wilkey
Valerie Williams and Richard Yardley
Jenn and Matt Willis
Kathy and Greg Wilson
Windsor Presbyterian Church
Sue Winker
Cynthia Winn
Roxanne and Kevin Wood
Norma and Rodney Woodward
Sumner and Karen Worth
Norma Wright
Shirley Wuthrich
Xplosion Hockey
Tom and Kathryn Zaun

Memorial Gifts
Gifts totaling $250 or more were given in memory of:
Kurt Adams
Sherwood Adams
James Anderson
Colleen Antisdel
Rachon Aunspach
Connie Bailey
Janet Bailey
Richard Baker
Paul Bates
Judith Baze
Duane Beck
David Becker
Virginia Bennett
Opal Berard
Gary Bissig
Wilmer Blumgren
James Bodensteiner
Merry Bonar
Wayne Boor
Darrell Booth
Thomas Bordenaro
Mary Bostwick
Joan Bousquet
Jerry Bradley
Norma Broderick
Allen Brody
With your help, the EveryStep Foundation provided more than $1.7 million in support to patients, clients and programs to ensure quality care for all — to help those without means to pay for their services, to provide end-of-life wishes, to help families with basic needs, and for operations support.

Thank You!
# Financials

## Revenue

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Patient and Program Service Revenue</td>
<td>$21,369,049</td>
<td>67.4%</td>
</tr>
<tr>
<td>Government Grants</td>
<td>$8,361,377</td>
<td>26.4%</td>
</tr>
<tr>
<td>Charitable Contributions</td>
<td>$3,438,846</td>
<td>10.8%</td>
</tr>
<tr>
<td>Investment Income</td>
<td>$1,094,917</td>
<td>3.5%</td>
</tr>
<tr>
<td>Net Realized and Unrealized (losses) on Investments and Charitable Trusts</td>
<td>$(2,988,227)</td>
<td>-9.4%</td>
</tr>
<tr>
<td>Loss on Disposal of Property and Equipment</td>
<td>$(164,215)</td>
<td>-1%</td>
</tr>
<tr>
<td>Other Revenue</td>
<td>$597,477</td>
<td>2%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$31,709,224</strong></td>
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</tbody>
</table>

## Expenses

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Programs and Patient Support</td>
<td>$27,064,142</td>
<td>78.6%</td>
</tr>
<tr>
<td>Organizational</td>
<td>$6,563,288</td>
<td>19.1%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$793,362</td>
<td>2.3%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$34,420,792</strong></td>
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</tr>
</tbody>
</table>

## Charitable Impact

<table>
<thead>
<tr>
<th>Program</th>
<th>Amount</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Innovative Aging - Hospice, Home Care, Senior Companion Program</td>
<td>$1,060,069</td>
<td>32.0%</td>
</tr>
<tr>
<td>Community &amp; Family Advocacy</td>
<td>$737,561</td>
<td>22.2%</td>
</tr>
<tr>
<td>Family Empowerment</td>
<td>$780,945</td>
<td>23.5%</td>
</tr>
<tr>
<td>Grief and Loss</td>
<td>$738,337</td>
<td>22.3%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$3,316,912</strong></td>
<td></td>
</tr>
</tbody>
</table>
Support Our Nonprofit Mission

As a nonprofit organization, EveryStep relies on the support of generous donors. Below are just a few of the many ways you can help.

Honor Your Loved Ones

You can choose to support EveryStep in a meaningful way by honoring your loved ones. Gifts to EveryStep are sometimes made on special occasions such as birthdays or anniversaries. You can even establish a recurring gift on a regular basis — either monthly, quarterly or annually. Memorial gifts of $1,000 or more are recognized on memorial displays at Kavanagh House and each of our hospice offices. Contact EveryStep Foundation to learn more about memorial gifts or visit everystep.org/donate.

Cheer Box

Each year, hundreds of Cheer Boxes are delivered to grieving families who are experiencing the holidays for the first time following the death of a loved one. Each box contains 12 meaningful gifts meant to bring comfort and healing. Our staff need donations of cash, wrapping paper and other items throughout the year, as well as volunteers to help wrap and make deliveries. Call (515) 223-4847 for details.

Stork’s Nest

This incentive-based program helps low-income parents access much-needed baby items by engaging in healthy activities. Families earn points which can be redeemed for cribs, strollers, car seats, diapers and more. Contact the EveryStep Foundation team to learn about hosting a Stork’s Nest Shower with your friends, family or co-workers and collect new items for our Stork’s Nest store.

Share the Joy

EveryStep’s Share the Joy program (formerly known as “Adopt-a-Family”) is a holiday gifting program that pairs businesses, groups and individuals with families in need. Sponsors purchase gifts and household items from families’ wish lists to help make the holidays brighter. Call EveryStep at (515) 274-3400 to learn more.

Flu Clinics and Wellness Screenings

EveryStep Community Health can contract with businesses and organizations to provide yearly flu vaccinations and wellness screenings. Our experienced nurses travel throughout Iowa* to provide on-site clinics, making it convenient for both employers and staff. All proceeds from these services support EveryStep’s other nonprofit programs. For more information, contact our Community Health team at (515) 558-9993.

To learn more about how you can support EveryStep, contact our Foundation staff at (515) 274-3400 or giving@everystep.org.

*Minimum number of participants required for travel to some areas
Thank you for supporting the compassionate care and support offered by our more than 30 programs.